

Program Title: **CA Native Plants through Native People's Eyes**

Program Theme: Native Plants are a Treasure to be cherished

Intro: My name is XXX and I've been a docent here at San Diego Botanic Garden for about XX years. I enjoy giving tours especially to children. I became a docent because (tell why you became a docent, or share some interesting things with the group).

The area I want to share with you today is our Native Plants/Native Peoples garden. I hope you will get a new appreciation of CA Native Plants through the eyes of the Native Peoples, in this case the Kumeyaay. We're going to look at how the Kumeyaay used Native Plants for food, for housing, for clothing and equipment, for medicine.

Transition ! :Let's head down to the Kumeyaay Homesite

1. Site: Homesite (Ewaa and Ramada)

Topics:

Chamise-- arrow shafts

Yerba Santa --medicinal for coughs

Live Oak -- acorns for food
wood for rabbit stick

White sage -- scent camouflage

Activity: Examine plant samples and artifacts

Transition 2 Let's move on to the Pond

2.Site: Pond Area

Tules --housing and boats

Juncus -- baskets

Willow --baskets natural insecticide
medicine
clothing

Cattails diaper liner

Activity: Examine plant samples and artifacts

Transition 3 I have a few more plants to show you along the trail

3. Site: Along the trail

Torrey Pine -- food and medicine

Ceanothus --soap

Black Sage-- food

Lemonade Berry quenches your thirst

Yucca--sandals, food, cordage

Del Mar Manzanita--endangered. Loss of habitat

Activity: Examine plant samples and artifacts

Why are so many native plants endangered? Why do we plow them up for development? We don't always see them as beautiful. Some are dormant in summer.

Change April Showers bring May Flowers to Winter Rainy Days Bring February/March Bouquets

Conclusion: I hope you have gained a new appreciation of CA Native Plants. They have taken thousands of years to adapt to our climate and we can help them survive if we can begin to see their beauty. (Handouts: Brochure, Fill in the Blanks Student booklet)